

Patient Care Bags

Starting cancer treatment can be a physically and emotionally overwhelming experience. By creating a care bag with small items and a kind note, you can provide some encouragement to an NYOH patient starting treatment. The patient care bag that you prepare will be given to a new NYOH patient upon starting treatment.



Follow these steps:

1. Review the suggested wish list of items to include in your care bags.
2. Determine how many care bags you are able to prepare.
3. Shop for the items or ask for donations from friends and family. At least five items per bag, please.
4. Write a handwritten, personalized note of encouragement for the recipient to read.
5. Assemble your items and personalized note in a gift bag or tote.
6. E-mail hello@nyohfoundation.org to arrange for a donation pick-up or drop-off.

Suggested items for Care Bags (all items for adults, must be new, and gender-neutral):

- Activity books (coloring books, crossword puzzles, word searches)
- [Chemo port "pillow"](#)
- Ear plugs
- Gloves
- Hard candies, gum, or breath mints
- Journal
- Neck pillow
- Nutrition shakes
- Pens and/or colored pencils
- Pocket calendar
- Pocket tissues
- Reusable water bottle
- Sleep mask
- Socks with "grips" on the bottom or fleece lined
- Spiral notebook
- Travel-sized games
- Unscented lip balm
- Unscented lotion, trial or mini size

AVOID including the following:

- Advertisements or branded materials promoting a product or service
- Fresh flowers
- Items with references to a specific cancer (ex: pink ribbons for breast cancer)
- Heavily "masculine" or "feminine" items
- Perishable food
- Religious materials
- Used items

Have questions?
Contact: hello@nyohfoundation.org
for more information

nyohfoundation.org